

**Join us for dinner and dialogue. Help make Philomath a healthy community for children and families!**

**Join friends and family for a dinner provided by the GROW Healthy Kids and Communities Project (GROW HKC).** Share your experiences and comment on a slide show created by Philomath residents about how parts of our community environment make it easy (or hard) for children and families to eat healthy and be active. Your input will help community leaders develop strategies that all of us can use to make it easy to be healthy in Philomath. **All ages welcome. Child care and dinner provided. Thursday, March 1, 5:30-8:30 at the Philomath Middle School Library.** For more information contact: *Phoenix Ries*, Philomath Community HEAL MAPPS contact: (541) 760-0336 or GROW HKC Project Directors *Kathy Gunter* or *Deborah John*: (541)-737-4542.

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